



The Power of Scientific Prayer

The Spiritual Teaching of Dr. Joseph Murphy
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The Power of Scientific Prayer

Dr. Joseph Murphy Book Excerpts, Slide 1/12

To believe is to accept something as true. It is to make alive the truths of God by feeling the reality of them in your heart. This is much more than a conscious or theoretical assent; it means that you must feel the truth of what you affirm in your heart. Belief makes the difference between success and failure, riches and poverty, health and sickness. Believe in the riches of the infinite power within your subconscious mind and you will experience them.



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Dr. Joseph Murphy Book Excerpts, Slide 2/12

When your problems seem overwhelming, break the tension by praying sincerely for someone who is very ill or in deep trouble, and suddenly you will find your own problems solved.



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Dr. Joseph Murphy Book Excerpts, Slide 3/12

When praying for a loved one, be sure not to identify with the ailment or any part of the anatomy. Realize that the infinite healing presence is flowing through the person you pray for as harmony, health, peace, and joy. Visualize the person as radiant and happy. Meditate quietly on these truths and pray again when you feel led to do so. Wonders happen when you pray this way.



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Dr. Joseph Murphy Book Excerpts, Slide 4/12

Sympathy means to go down into the quicksand with the other, and it does not help the sick person. Instead, have compassion and give the sick person a transfusion of faith, confidence, and love, knowing that with God all things are possible.



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Dr. Joseph Murphy Book Excerpts, Slide 5/12

Your thought is creative, and every thought tends to manifest itself. You can direct and steer your thoughts in the same way you steer your car. Thoughts are vibrations, and you have the power to raise those vibrations by raising the quality of your thoughts. The higher you vibrate, the more spiritual power you have. Your thought-image of wealth, success and achievement is the magnet that attracts to you all things that correspond with your thought-image.



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Dr. Joseph Murphy Book Excerpts, Slide 6/12

The quiet mind get things done. Tell your body to be still, and quiet your mind by thinking of the infinite intelligence of your subconscious, which knows the answer. When your conscious mind is still and your body is relaxed, the wisdom of your subconscious will rise to the surface mind.



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Dr. Joseph Murphy Book Excerpts, Slide 7/12

A good executive knows how to delegate authority. You must be a good executive when using your mind. Turn your request over to your subconscious with faith and confidence, and you will get the appropriate response. You know when you have really turned it over, because you find yourself at peace.



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Dr. Joseph Murphy Book Excerpts, Slide 8/12

You can give up smoking or any bad habit by decreeing freedom and peace of mind, while at the same time imagining a friend or a physician congratulating you on your freedom.

As you affirm and envision an antipathy toward tobacco, your subconscious will take over and compel your freedom from the habit.



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Dr. Joseph Murphy Book Excerpts, Slide 9/12

Many have discovered the wisdom of turning an acute domestic problem over to the God-Presence, trusting that divine wisdom and intelligence will bring about the solution that is best for all. The short affirmation 'I now let go and let God' brings about a perfect answer.



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Dr. Joseph Murphy Book Excerpts, Slide 10/12

Liquidate the past and never dwell on old grievances or grudges. The future is your present thinking made manifest. Think regularly and systematically of harmony, beauty, love, peace, and abundance, and you will have a wonderful future.



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Dr. Joseph Murphy Book Excerpts, Slide 11/12

We do not own our children. When difficulties arise with a child, pray as follows: 'I loose my child to God completely. My child is divinely guided in all ways, and divine love takes care.' Whenever you think of your child, bless him or her silently by knowing that God loves your child and cares for the best.' As you do this, whatever happens will be good.



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Dr. Joseph Murphy Book Excerpts, Slide 12/12

Think of the infinite riches within your subconscious mind. Think of harmony, peace, joy, love, guidance, right action, success—all these are principles of life, and as you think of the life more abundant, you activate the latent powers within you. Your subconscious will compel you to express the abundant life right here and now.

