

Healing Prayer



by Dr. Joseph Murphy

Spoken by Dr. Peter Fritz Walter

Background Music Credit: Kamal, Quiet Earth

I am relaxed and at peace, poised, balanced, serene, and calm. The healing intelligence of my subconscious mind that created my body is now transforming every cell, nerve, tissue, muscle, and bone of my being according to the perfect pattern of all organs lodged in my subconscious mind.

Silently, quietly, all distorted thought patterns in my subconscious mind are removed and dissolved, and the vitality, wholeness, and beauty of the life principle are made manifest in every atom of my being.

I am now open and receptive to the healing currents that are flowing through me like a river, restoring me to perfect health, harmony, and peace. All distortions and ugly images are now washed away by the infinite ocean of love and peace flowing through me, and it is so.